

三角関数 8 三角関数の合成

合成公式 1

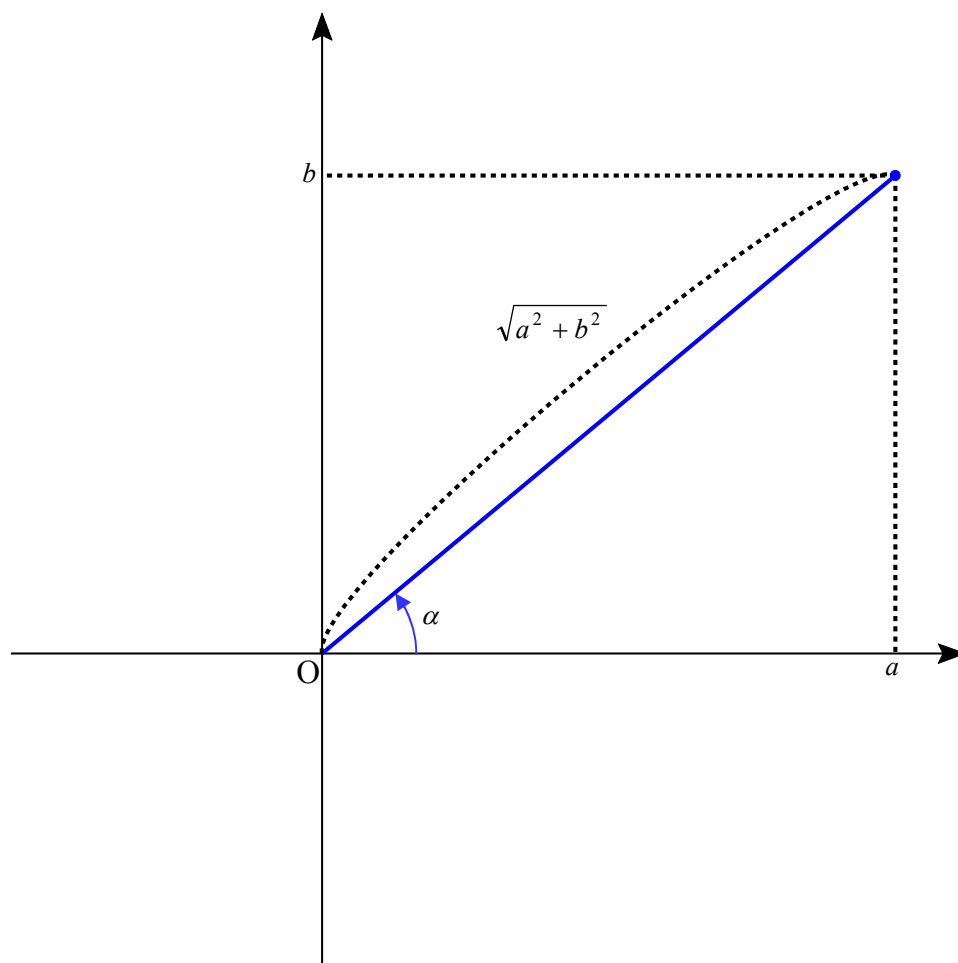
$$a \sin \theta + b \cos \theta = \sqrt{a^2 + b^2} \sin(\theta + \alpha) \quad \text{ただし, } \sin \alpha = \frac{b}{\sqrt{a^2 + b^2}}, \cos \alpha = \frac{a}{\sqrt{a^2 + b^2}}$$

解説

$$a \sin \theta + b \cos \theta = \sqrt{a^2 + b^2} \left(\frac{a}{\sqrt{a^2 + b^2}} \sin \theta + \frac{b}{\sqrt{a^2 + b^2}} \cos \theta \right)$$

$$\left(\frac{a}{\sqrt{a^2 + b^2}} \right)^2 + \left(\frac{b}{\sqrt{a^2 + b^2}} \right)^2 = 1 \text{ だから, } \sin \alpha = \frac{b}{\sqrt{a^2 + b^2}}, \cos \alpha = \frac{a}{\sqrt{a^2 + b^2}} \text{ とおくと,}$$

$$\begin{aligned} a \sin \theta + b \cos \theta &= \sqrt{a^2 + b^2} (\cos \alpha \sin \theta + \sin \alpha \cos \theta) \\ &= \sqrt{a^2 + b^2} \sin(\theta + \alpha) \end{aligned}$$

 a, b, α の関係図

合成公式 2

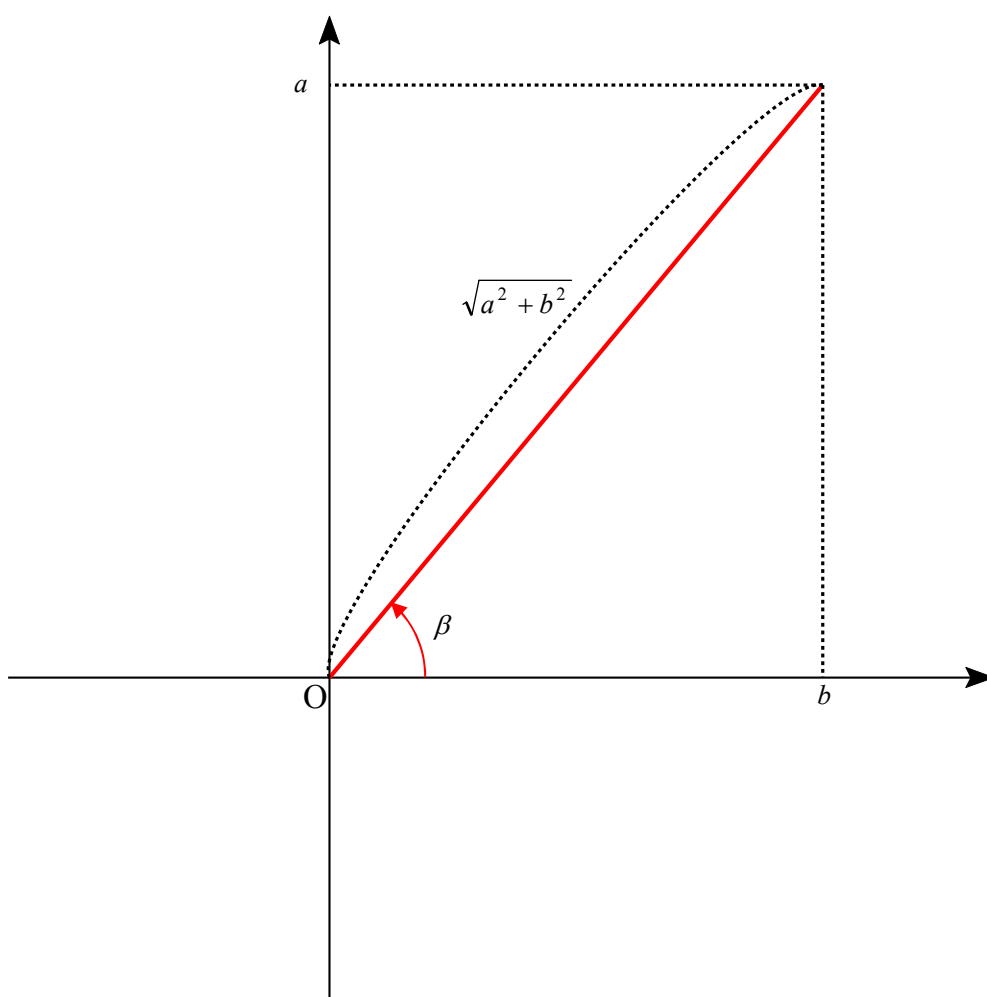
$$a \sin \theta + b \cos \theta = \sqrt{a^2 + b^2} \cos(\theta - \beta) \quad \text{ただし, } \sin \beta = \frac{a}{\sqrt{a^2 + b^2}}, \cos \beta = \frac{b}{\sqrt{a^2 + b^2}}$$

解説

$$a \sin \theta + b \cos \theta = \sqrt{a^2 + b^2} \left(\frac{a}{\sqrt{a^2 + b^2}} \sin \theta + \frac{b}{\sqrt{a^2 + b^2}} \cos \theta \right)$$

$$\left(\frac{a}{\sqrt{a^2 + b^2}} \right)^2 + \left(\frac{b}{\sqrt{a^2 + b^2}} \right)^2 = 1 \quad \text{だから, } \sin \beta = \frac{a}{\sqrt{a^2 + b^2}}, \cos \beta = \frac{b}{\sqrt{a^2 + b^2}} \quad \text{とおくと,}$$

$$\begin{aligned} a \sin \theta + b \cos \theta &= \sqrt{a^2 + b^2} (\sin \beta \sin \theta + \cos \beta \cos \theta) \\ &= \sqrt{a^2 + b^2} \cos(\theta - \beta) \end{aligned}$$

 a, b, β の関係図

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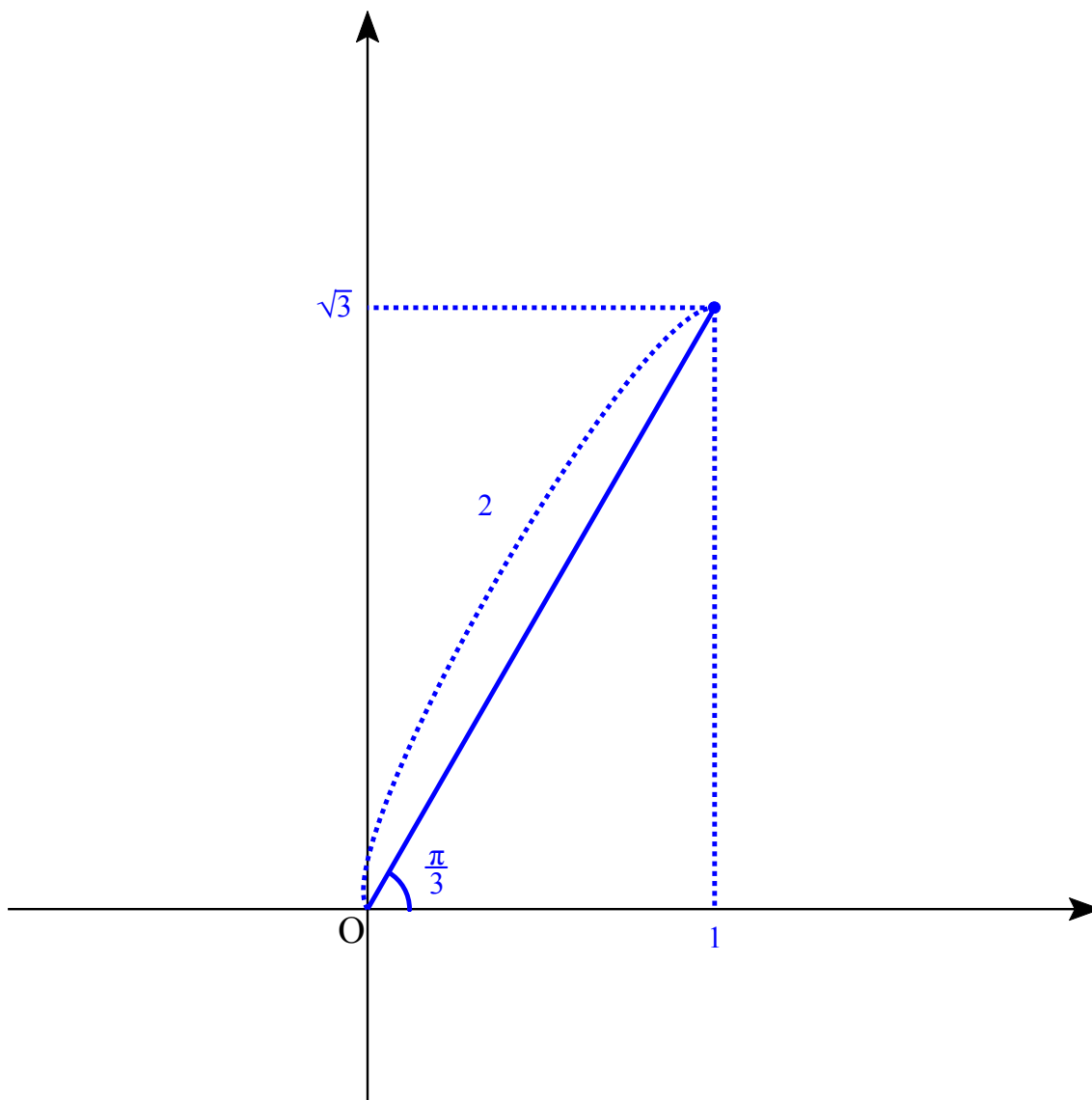
(1)

$$\begin{aligned}\sin x + \sqrt{3} \cos x &= \sqrt{1^2 + (\sqrt{3})^2} \left\{ \frac{1}{\sqrt{1^2 + (\sqrt{3})^2}} \sin x + \frac{\sqrt{3}}{\sqrt{1^2 + (\sqrt{3})^2}} \cos x \right\} \\ &= 2 \sin \left(x + \frac{\pi}{3} \right)\end{aligned}$$

$$\text{よ} \text{り}, 2 \sin \left(x + \frac{\pi}{3} \right) = -1 \quad \therefore \sin \left(x + \frac{\pi}{3} \right) = -\frac{1}{2}$$

$$\text{これと } \frac{\pi}{3} \leq x + \frac{\pi}{3} < 2\pi + \frac{\pi}{3} \text{ より, } x + \frac{\pi}{3} = \frac{7}{6}\pi, \frac{11}{6}\pi \quad \therefore x = \frac{5}{6}\pi, \frac{3}{2}\pi$$

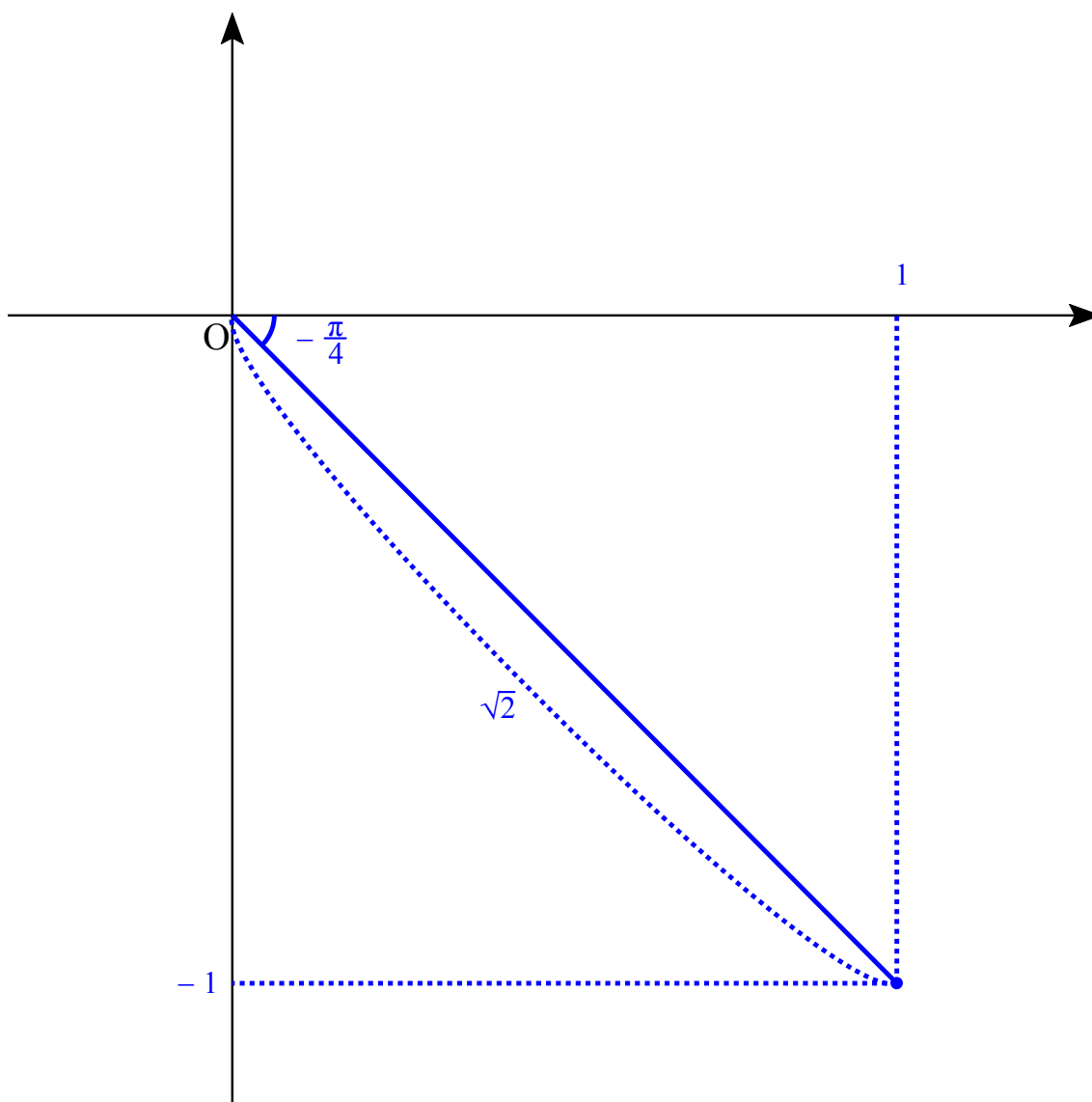
補足：図を利用すると一目瞭然



(2)

$$2(\sin x - \cos x) = \sqrt{6}, \quad \sin x - \cos x = \sqrt{2} \sin\left(x - \frac{\pi}{4}\right) \text{ より, } \sin\left(x - \frac{\pi}{4}\right) = \frac{\sqrt{3}}{2}$$

$$\text{これと } -\frac{\pi}{4} \leq x - \frac{\pi}{4} < 2\pi - \frac{\pi}{4} \text{ より, } x - \frac{\pi}{4} = \frac{\pi}{3}, \frac{2}{3}\pi \quad \therefore x = \frac{7}{12}\pi, \frac{11}{12}\pi$$



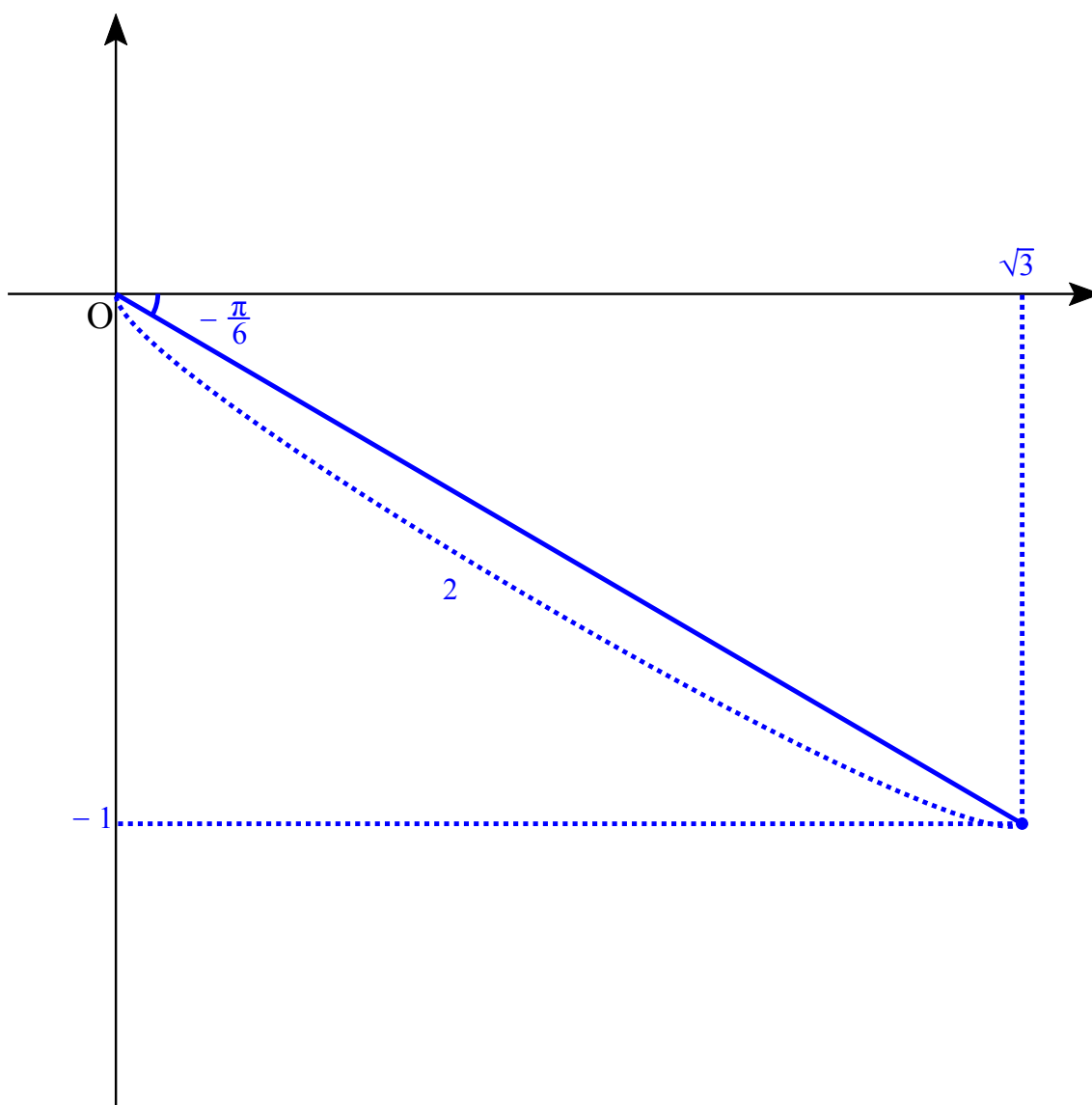
(3)

$$\sqrt{3} \sin 2x - \cos 2x = 2 \sin\left(2x - \frac{\pi}{6}\right) \text{ より, } 2 \sin\left(2x - \frac{\pi}{6}\right) = -\sqrt{2} \quad \therefore \sin\left(2x - \frac{\pi}{6}\right) = -\frac{\sqrt{2}}{2}$$

$$\text{これと } -\frac{\pi}{6} \leq 2x - \frac{\pi}{6} < 4\pi - \frac{\pi}{6} \text{ より, } 2x - \frac{\pi}{6} = \frac{5}{4}\pi, \frac{7}{4}\pi, \frac{5}{4}\pi + 2\pi, \frac{7}{4}\pi + 2\pi$$

$$\therefore x = \frac{17}{24}\pi, \frac{23}{24}\pi, \frac{17}{24}\pi + \pi, \frac{23}{24}\pi + \pi$$

$$\text{ゆえに, } x = \frac{17}{24}\pi, \frac{23}{24}\pi, \frac{41}{24}\pi, \frac{47}{24}\pi$$



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(1)

$$\sin x + \cos x = \sqrt{2} \sin\left(x + \frac{\pi}{4}\right) \text{ より, } \sqrt{2} \sin\left(x + \frac{\pi}{4}\right) \geq \frac{1}{\sqrt{2}} \quad \therefore \sin\left(x + \frac{\pi}{4}\right) \geq \frac{1}{2}$$

$$\text{これと } \frac{\pi}{4} \leq x + \frac{\pi}{4} < 2\pi + \frac{\pi}{4} \text{ より, } \frac{\pi}{4} \leq x + \frac{\pi}{4} \leq \frac{5}{6}\pi, 2\pi + \frac{\pi}{6} \leq x + \frac{\pi}{4} < 2\pi + \frac{\pi}{4}$$

$$\therefore 0 \leq x \leq \frac{7}{12}\pi, \frac{23}{12}\pi \leq x < 2\pi$$

(2)

$$\sqrt{3} \sin x - \cos x = 2 \sin\left(x - \frac{\pi}{6}\right) \text{ より, } 2 \sin\left(x - \frac{\pi}{6}\right) > 0 \quad \therefore \sin\left(x - \frac{\pi}{6}\right) > 0$$

$$\text{これと } -\frac{\pi}{6} \leq x - \frac{\pi}{6} < 2\pi - \frac{\pi}{6} \text{ より, } 0 < x - \frac{\pi}{6} < \pi \quad \therefore \frac{\pi}{6} < x < \frac{7}{6}\pi$$

(3)

$$\sin x - \sqrt{3} \cos x = 2 \sin\left(x - \frac{\pi}{3}\right) \text{ より, } \sqrt{2} \leq 2 \sin\left(x - \frac{\pi}{3}\right) < \sqrt{3} \quad \therefore \frac{\sqrt{2}}{2} \leq \sin\left(x - \frac{\pi}{3}\right) < \frac{\sqrt{3}}{2}$$

$$\text{これと } -\frac{\pi}{3} \leq x - \frac{\pi}{3} < 2\pi - \frac{\pi}{3} \text{ より, } \frac{\pi}{4} \leq x - \frac{\pi}{3} < \frac{\pi}{3}, \frac{2}{3}\pi < x - \frac{\pi}{3} \leq \frac{3}{4}\pi$$

$$\therefore \frac{7}{12}\pi \leq x < \frac{2}{3}\pi, \pi < x \leq \frac{13}{12}\pi$$

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(1)

$$-\sin x + \cos x = \sqrt{2} \sin\left(x + \frac{3}{4}\pi\right) \text{ より, } y = \sqrt{2} \sin\left(x + \frac{3}{4}\pi\right) \left(\frac{3}{4}\pi \leq x + \frac{3}{4}\pi < 2\pi + \frac{3}{4}\pi\right)$$

よって,

$$x + \frac{3}{4}\pi = 2\pi + \frac{\pi}{2} \text{ のとき, すなわち } x = \frac{7}{4}\pi \text{ のとき最大値 } \sqrt{2}$$

$$x + \frac{3}{4}\pi = \frac{3}{2}\pi \text{ のとき, すなわち } x = \frac{3}{4}\pi \text{ のとき最小値 } -\sqrt{2}$$

(2)

$$\sin 2x - \sqrt{3} \cos 2x = 2 \sin\left(2x - \frac{\pi}{3}\right) \text{ より, } y = 2 \sin\left(2x - \frac{\pi}{3}\right) \left(-\frac{\pi}{3} \leq 2x - \frac{\pi}{3} < 2\pi - \frac{\pi}{3}\right)$$

$$\text{よって, } 2x - \frac{\pi}{3} = \frac{\pi}{2} \text{ のとき, すなわち } x = \frac{5}{12}\pi \text{ のとき最大値 } 2$$

$$2x - \frac{\pi}{3} = \frac{3}{2}\pi \text{ のとき, すなわち } x = \frac{11}{12}\pi \text{ のとき最小値 } -2$$

(3)

$$4 \sin x + 3 \cos x = 5 \sin(x + \alpha) \quad \left(\cos \alpha = \frac{4}{5}, \sin \alpha = \frac{3}{5} \right) \text{より, 最大値 } 5, \text{ 最小値 } -5$$

(4)

$$\sqrt{7} \sin x - 3 \cos x = 4 \sin(x + \alpha) \quad \left(\cos \alpha = \frac{\sqrt{7}}{4}, \sin \alpha = -\frac{3}{4} \right) \text{より, 最大値 } 4, \text{ 最小値 } -4$$

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(1)

$$\sin x + \sqrt{3} \cos x = 2 \sin\left(x + \frac{\pi}{3}\right), \quad \frac{\pi}{3} \leq x + \frac{\pi}{3} < \pi + \frac{\pi}{3} \text{より,}$$

$$x + \frac{\pi}{3} = \frac{\pi}{2} \text{のとき, すなわち } x = \frac{\pi}{6} \text{のとき最大値 } 2$$

$$x + \frac{\pi}{3} = \pi + \frac{\pi}{3} \text{のとき, すなわち } x = \pi \text{のとき最小値 } -\sqrt{3}$$

(2)

$$2 \sin x + \cos x = \sqrt{5} \sin(x + \alpha) \quad \left(\cos \alpha = \frac{2}{\sqrt{5}}, \sin \alpha = \frac{1}{\sqrt{5}} \right)$$

$$\alpha \leq x + \alpha < \pi + \alpha \text{について, } 0 \leq \alpha < 2\pi \text{とすると,}$$

$$\cos \alpha > 0, \sin \alpha > 0 \text{より, } 0 < \alpha < \frac{\pi}{2}, \quad \pi < \pi + \alpha < \frac{3}{2}\pi$$

$$\text{よって, } x + \alpha = \frac{\pi}{2} \text{のとき最大値 } \sqrt{5} \sin \frac{\pi}{2} = \sqrt{5}$$

$$x + \alpha = \pi + \alpha \text{のとき最小値 } \sqrt{5} \sin(\pi + \alpha) = -\sqrt{5} \sin \alpha = -1$$

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$$\begin{aligned} \sin^2 x + 2\sqrt{3} \sin x \cos x + 3 \cos^2 x &= \frac{1 - \cos 2x}{2} + \sqrt{3} \sin 2x + 3 \cdot \frac{1 + \cos 2x}{2} \\ &= \sqrt{3} \sin 2x + \cos 2x + 2 \\ &= 2 \sin\left(2x + \frac{\pi}{6}\right) + 2 \end{aligned}$$

$$\text{これと } \frac{\pi}{6} \leq 2x + \frac{\pi}{6} < 4\pi + \frac{\pi}{6} \text{より,}$$

$$2x + \frac{\pi}{6} = \frac{\pi}{2}, 2\pi + \frac{\pi}{2} \text{のとき, すなわち } x = \frac{\pi}{6}, \frac{7}{6}\pi \text{のとき最大値 } 4$$

$$2x + \frac{\pi}{6} = \frac{3}{2}\pi, 2\pi + \frac{3}{2}\pi \text{のとき, すなわち } x = \frac{2}{3}\pi, \frac{5}{3}\pi \text{のとき最小値 } 0$$

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$$a \sin x + b \cos x = \sqrt{a^2 + b^2} \sin(x + \alpha) \quad \left(\cos \alpha = \frac{a}{\sqrt{a^2 + b^2}}, \sin \alpha = \frac{b}{\sqrt{a^2 + b^2}} \right) \text{より,}$$

$$a \sin x + b \cos x \text{ の最小値は } -\sqrt{a^2 + b^2}$$

$$\text{これと最小値が } -5 \text{ であることから, } \sqrt{a^2 + b^2} = 5$$

よって,

$$\cos \alpha = \frac{a}{\sqrt{a^2 + b^2}} = \frac{a}{5} \quad \dots \textcircled{1}$$

$$\sin \alpha = \frac{b}{\sqrt{a^2 + b^2}} = \frac{b}{5} \quad \dots \textcircled{2}$$

$$\text{また, } x = \frac{\pi}{6} \text{ で最大値をとることから, } 0 \leq \alpha < 2\pi \text{ とすると, } \frac{\pi}{6} + \alpha = \frac{\pi}{2} \quad \therefore \alpha = \frac{\pi}{3}$$

ゆえに,

$$\cos \alpha = \frac{1}{2} \quad \dots \textcircled{3}$$

$$\sin \alpha = \frac{\sqrt{3}}{2} \quad \dots \textcircled{4}$$

$$\textcircled{1}, \textcircled{3} \text{ より, } \frac{a}{5} = \frac{1}{2} \quad \therefore a = \frac{5}{2}$$

$$\textcircled{2}, \textcircled{4} \text{ より, } \frac{b}{5} = \frac{\sqrt{3}}{2} \quad \therefore b = \frac{5\sqrt{3}}{2}$$

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ポイント

一般に, $A+B$ と AB から成る式では, $A+B=u$, $AB=v$ とおいてみるとうまくいく場合が多い。

解

$$\sin x + \cos x = u, \sin x \cos x = v \text{ とおくと, } y = 2u + 2v + 1$$

$$\text{また, } u^2 - 2v = 1 \text{ より, } v = \frac{u^2 - 1}{2}$$

よって,

$$\begin{aligned} y &= 2u + u^2 - 1 + 1 \\ &= u^2 + 2u \\ &= (u+1)^2 - 1 \end{aligned}$$

$$\text{ここで, } u = \sin x + \cos x = \sqrt{2} \sin\left(x + \frac{\pi}{4}\right) \text{ より, } -\sqrt{2} \leq u \leq \sqrt{2}$$

よって,

$$u = \sqrt{2} \text{ のとき最大値 } 2 + 2\sqrt{2}, \quad u = -1 \text{ のとき最小値 } -1 \quad \dots \textcircled{1}$$

また,

$$u = \sqrt{2} \text{ のとき}$$

$$\sqrt{2} = \sqrt{2} \sin\left(x + \frac{\pi}{4}\right) \text{ より, } \sin\left(x + \frac{\pi}{4}\right) = 1$$

$$\text{これと } \frac{\pi}{4} \leq x + \frac{\pi}{4} < 2\pi + \frac{\pi}{4} \text{ より, } x + \frac{\pi}{4} = \frac{\pi}{2} \quad \therefore x = \frac{\pi}{4} \quad \dots \textcircled{2}$$

$$u = -1 \text{ のとき}$$

$$-1 = \sqrt{2} \sin\left(x + \frac{\pi}{4}\right) \text{ より, } \sin\left(x + \frac{\pi}{4}\right) = -\frac{1}{\sqrt{2}}$$

$$\text{これと } \frac{\pi}{4} \leq x + \frac{\pi}{4} < 2\pi + \frac{\pi}{4} \text{ より, } x + \frac{\pi}{4} = \frac{5}{4}\pi, \frac{7}{4}\pi \quad \therefore x = \pi, \frac{3}{2}\pi \quad \dots \textcircled{2}$$

①, ②, ③より,

$$x = \frac{\pi}{4} \text{ のとき最大値 } 2 + 2\sqrt{2}$$

$$x = \pi, \frac{3}{2}\pi \text{ のとき最小値 } -1$$